

# RESOURCES

REMAKE

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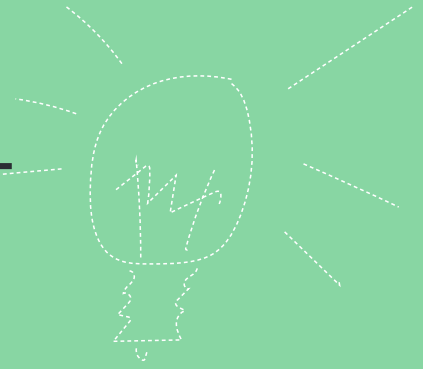
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### 4. INFLUENCER

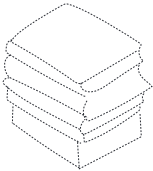
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# READING LIST

## BOOKS & PAPERS

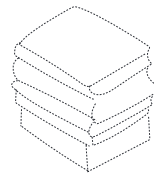


### GERMAN



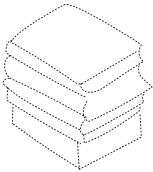
#### **Wild gefärbt, Pflanzen sammeln, Stoffe färben, Schönes nähen**

Abigail Booth  
2018  
ISBN 978-3-258-60177-9



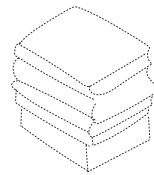
#### **How to slay Omas Kleiderschrank - Upcycling-Projekte aus Secondhand-Mode ganz einfach genäht**

Katharina Glas  
2021  
ISBN 9783772448584



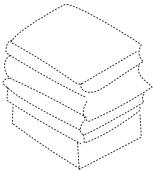
#### **Färben mit Pflanzen**

Dorit Berger  
2017  
ISBN 978-3-936896-20-6



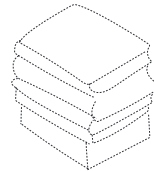
#### **Vom Basicteil zu deinem Style - Mehr als 30 DIY-Projekte für individuelle Kleider**

Dana Punzenberger  
2015  
ISBN 9783863552954



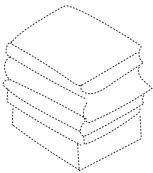
#### **Mach neu aus alt: Kleidung und Accessoires**

Henrietta Thompson  
2012  
ISBN 9783841901576



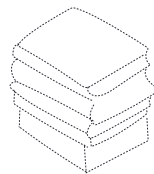
#### **Sustainable Fashion nähen - Upcycling im Kleiderschrank: kreativ, nachhaltig, individuell**

Heike Hartwig  
2022  
ISBN 9783841066985



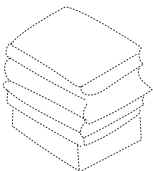
#### **Operation T-Shirt: 108 Ideen, ein T-Shirt zu verwandeln**

Megan Nicolay  
2007  
ISBN 9783442168804



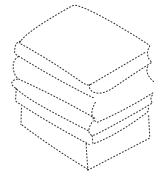
#### **Resteliebe Jeans – Alles verwenden, nichts verschwenden! – Die besten Ideen aus Jeans**

Annette Leva-Dehm  
2022  
ISBN 9783838838007



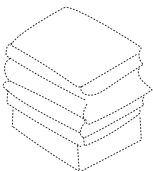
#### **Nachhaltigkeit – Neue Kleidung aus alten Schätzen nähen: Originelle Upcycling-Ideen.**

Teresa de Marcillac  
2023  
ISBN 978-3841067456



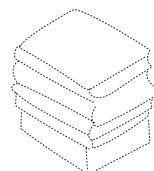
#### **Stickmuster Buch – Lieblingsstücke nachhaltig besticken: Upcycling für deine Kleidung. Für Strick und Stoff. Stickanleitungen für Anfänger und Fortgeschrittene.**

Warunee Bolstad  
2024  
ISBN 978-3841067906



#### **Jeans-Upcycling: 28 kreative Nähprojekte für ausgediente Hosen**

Céline Dupuy  
2017  
ISBN 978-3517095370



#### **Re:Fashion Wardrobe – Kleidung upcyclen statt wegwerfen, Einfach nachhaltig nähen**

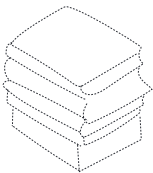
Portia Lawrie  
2023  
ISBN 978-3-8410-6749-4

# READING LIST

## BOOKS & PAPERS

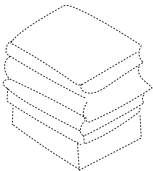


### ENGLISH



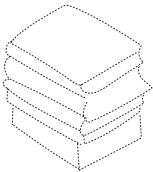
#### **Wild Colour**

Jenny Dean  
2010  
ISBN 978-0-8230-5879-2



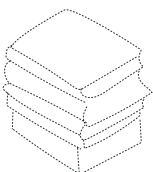
#### **Eco Colour: botanical dyes for beautiful textiles**

India Flint  
2008  
ISBN 9781741960792



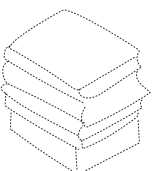
#### **ReFashioned: Cutting-Edge Clothing from Upcycled Materials**

Sass Brown  
2012  
ISBN 978-1780673011



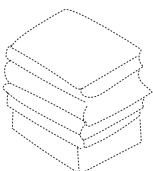
#### **The Upcycled T-Shirt: 28 Easy-To-Make Projects That Save the Planet - Clothing, Accessories, Home Decor & Gifts**

Jenelle Montilone  
2015  
ISBN 9781607059714



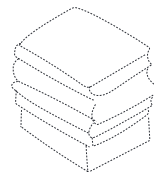
#### **Rip It!: How to Deconstruct and Reconstruct the Clothes of Your Dreams**

Elissa Meyrich  
2006  
ISBN 9780743268998



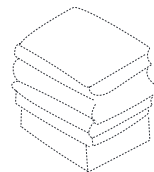
#### **Alternation: Transform. Embellish. Customize**

Shannon Okey and Alexandra Underhill  
2007  
ISBN 9781581809787



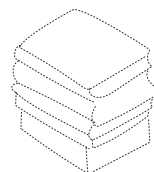
#### **The Mending Directory: 50 Modern Stitch Patterns for Visible Repairs**

Erin Eggenburg  
2021  
ISBN 978-1947163829



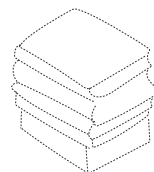
#### **Fashion Upcycling: The DIY Guide to Sewing, Mending, and Sustainably Reinventing Your Wardrobe**

Ysabel Hilado  
2023  
ISBN 9798888140338



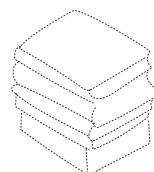
#### **Fix Your Clothes: The Sustainable Magic of Mending, Patching, and Darning**

Raleigh Briggs  
2017  
ISBN 978-1621069065



#### **Generation T Beyond Fashion: 120 New Ways to Transform a T-Shirt**

Megan Nicolay  
2009  
ISBN 978-0761154105

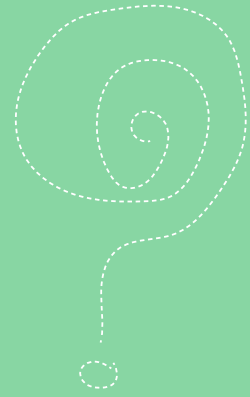


#### **Upcycle Your Wardrobe: 21 Sewing Projects for Unique, New Fashions**

Mia Führer  
2015  
ISBN 9780764348495

# READING LIST

## ONLINE



### GERMAN

**Textile Kleidung und Klamotten färben + DIY Anleitung**  
innovationtextil

OPEN

**Natürlich Stoffe färben – mit Lebensmittelresten**  
Mia, Heylilahey

OPEN

**Ein Leitfaden für natürliche Farben: Textilfarbe mit Lebensmitteln und Pflanzen herstellen**  
SkillShare, Laura Müller

OPEN

**8 Upcycling-Ideen für alte Kleidung**  
Geniale Tricks

OPEN

**DIY – Upcycling Kleidung selber machen - Fäustlinge aus altem Pullover nähen**  
Einzigartig selbstgemacht by Mena Wox

OPEN

**Upcycling von Kinderkleidung - tolle Ideen mit wenig Aufwand**  
fairlyfab

OPEN

**8 DIY Fashion Upcycling Ideen**  
DIY Mode von Eliza

OPEN

**Upcycling statt Wegwerfen: Kinderkleidung aus Mamas und Papas Kleidung**  
Kreativlabor Berlin, Alexa

OPEN

**DIY Schuhe besticken: Chucks mit Blumen**  
Miras DIY

OPEN

**Fünf Techniken, mit denen du aus jedem Stoff einen perfekten Upcycling-Pullover nähen kannst**  
Upcycling Family

OPEN

**Kinderpullover aus altem Herren Sweatshirt**  
Farbkonfekt

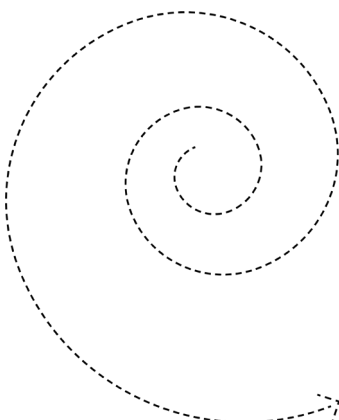
OPEN

**Hemd-Kleid-Upcycling Tutorial**  
Mommymade

OPEN

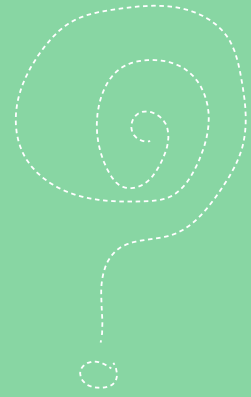
**Kreative Upcycling Ideen Kleidung: Geben Sie Ihrem Kleiderschrank einen nachhaltigen Twist, die besten DIY-Tipps und vieles mehr.**  
Haus von Eden

OPEN



# READING LIST

## ONLINE



### ENGLISH

#### **Dyeing Clothes With Vegetables**

Verena Erin, May Green Closet

OPEN

#### **Upcycling Clothes:**

**11 Beginner-Friendly Ways To DIY Your Closet**

Pebble

OPEN

#### **Upcycling Clothes:**

**9 Simple Ways To Upcycle Your Old Clothes**

In The Blouse, Amanda Grant

OPEN

#### **10 Ways To Upcycle Your Clothes**

The Sewing Directory

OPEN

#### **21 Upcycling Fashion Ideas**

Creative Fashion Blog by Lisa Mecham

OPEN

#### **15 Upcycled Clothing Ideas You'll Actually Want to Wear**

Well + Good, Tehrene Firman

OPEN

#### **How To Upcycle Clothes**

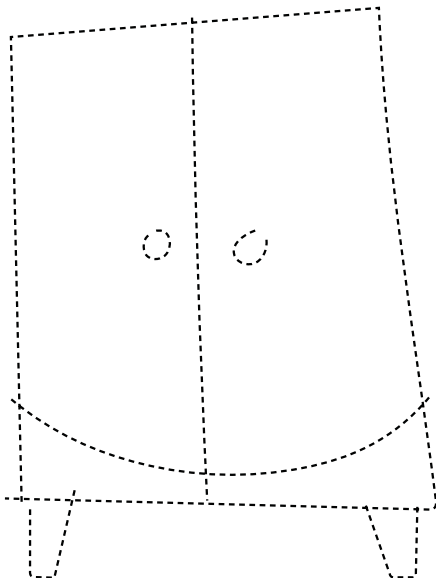
Fashion Wanderer

OPEN

#### **Refashion Projects & Tutorials**

Eco Fashion Sewing

OPEN



# TOGETHER



## **Textil Lab Berlin, Fashion Fab Lab for Design, Prototyping & Workshops**

Offen für Designer, Kulturschaffende, Privatpersonen, soziale Organisationen und Unternehmen

Open for Designers, creative artists, private individuals, social organisations and companies

[CHECK UPCOMING EVENTS](#)

## **Platte.Berlin**

Plattform & Community für Mode aus Berlin. Bieten Events & Workshops an.

Plattform & Community for Berlin Fashion. Offering Events & Workshops.

[CHECK UPCOMING EVENTS](#)

## **Wieder und Wider Sustainable Fashion and Sewing Lab**

Nähkurse auf Englisch und Deutsch

Offering sewing classes in english and german

[CHECK UPCOMING EVENTS](#)

## **Kaliko Berlin**

Workshops für natürliches Färben

Natural Dyeing Workshops

[CHECK UPCOMING EVENTS](#)

## **Flora & Fauna**

Workshops für natürliches Färben

Natural Dyeing Workshops

[CHECK UPCOMING EVENTS](#)



# TUTORIALS ONLINE

GERMAN

## Batik selber machen - T-Shirt batiken

Anleitung und Bindetechnik

von TALU.de

ANSEHEN

## Kleidung färben ohne Chemie? So einfach geht's!

von Genial Tricks

ANSEHEN

## Färben mit Pflanzen.

von Gartenarbeitsschule Tempelhof-Schöneberg Berlin

ANSEHEN

## Wie geht Upcycling? | Meet the Makers

mit Julia Radewald & Marie Nasemann

ANSEHEN

## So geht DIY (Do it yourself) | Meet the Makers

mit Makerist & Marie Nasemann

ANSEHEN

## 14 Upcycling Ideen aus alten Klamotten - alte T-Shirts, Hemden, etc. wiederverwenden

von Lifehackerin

ANSEHEN

## REFASHION Vlog, Klamotten Upcycling Ideen, Alte Kleidung in neuem Glanz

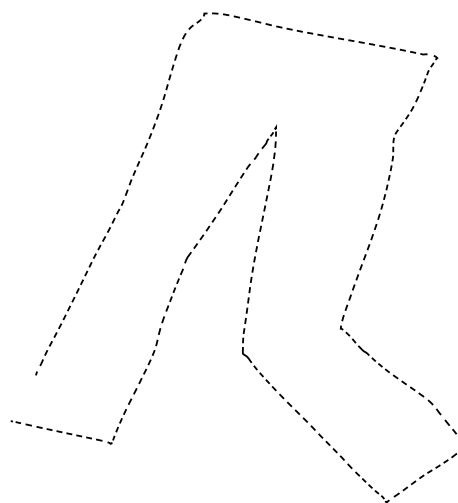
von Monentia

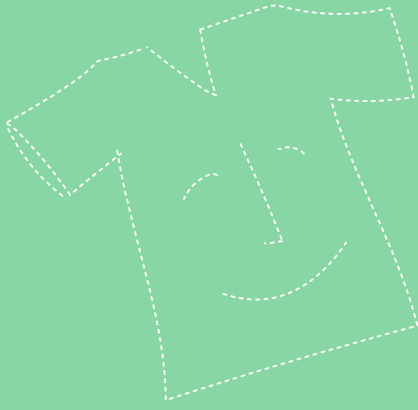
ANSEHEN

## 17 erstaunliche DIY Upcycling Ideen mit alter Kleidung

von Geniale Tricks

ANSEHEN





# TUTORIALS ONLINE

ENGLISH

**9 Free Tutorials with Easy Ideas to Upcycle Your Clothes**  
by Domestika, @eloise.edgington

WATCH

**DIY: How to embroider a flower garden**  
by Fashion Revolution

WATCH

**How to Eco Print at home with Flowers | Natural Dye | Botanical Colour**  
by BillyNou

WATCH

**Natural Dyeing | Earthy Colors from Food Waste | Sustainable, Zero Waste, Minimalist Plant Dyeing**  
by ecofriend.lia

WATCH

**10 Upcycles to Make Your T-Shirts Look Expensive! | Designer Thrift Flips**  
By BlueprintDYI

WATCH

**Luz Upcycles**  
Upcycling Channel by Luz

WATCH

**45 Clothes You Must Remake Now...Don't Throw Them Away!!!**

by BlueprintDYI

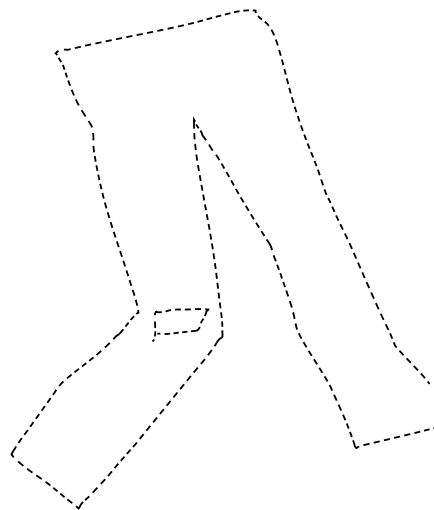
WATCH

**TRANSFORMING OLD CLOTHES, 15 videos**  
by Thuy Phan made with love

WATCH

**Upcycle old and tired clothes in your closet**  
by Refashioning With Rachel

WATCH





# INFLUENCER



## Stéphanie Kry

artist // art textile, plant dyes



stephaniebky



[www.lamourtevasibien.fr](http://www.lamourtevasibien.fr)

## Kate McGuire

refashion designer & activist //  
converting old garments into new:  
the sustainable future of fashion



convertedcloset



[www.convertedcloset.com](http://www.convertedcloset.com)

## Nicole McLaughlin

the upcycling guru



nicolemclaughlin

## Lily Fulop

designer, artist and author of  
Wear, Repair, Repurpose



mindful\_mending



[www.lilyfulop.com](http://www.lilyfulop.com)

## Ania Grzeszek

artist // weaving & dyeing  
studios, slow textiles



kaliko\_co



[www.kaliko.com](http://www.kaliko.com)

## flora & farbe

mit Pflanzen färben: Wurzeln in der  
Natur & schönste Farben // Kurse,  
Textiles & Saatgut



floraundfarbe



[www.floraundfarbe.de](http://www.floraundfarbe.de)

## Vania Santos

sewing and up-cycling



wardrobeschool



[www.wardrobeschool.com](http://www.wardrobeschool.com)

# IMPRESSUM

Circular City – Zirkuläre Stadt e.V.  
Project A-Gain Guide

Rheinsberger Straße 34  
10435 Berlin

**A-GAIN GUIDE**